



BECOME A **CERTIFIED HEALTH COACH** IN SOUTH AFRICA

Are you interested in a career in the booming Health and Wellness industry?

Do you want to be trained in how to effectively support people to transform their health? Does the idea of helping others to radically improve their lifestyles excite and inspire you? Are you keen to learn a Person-Centred Nutrition approach that is tried and tested and promotes optimum health and wellness?

Would you like to be one of the first South African trained Health Coaches with professional membership to Comensa (Coaches & Mentors of South Africa) and HCA (The Health Coaches Association)?

This 9-12 month training will teach you everything you need to know to become a highly skilled Certified Health Coach and build a thriving health coaching practice.

KEY INFORMATION

The Health Transformation Coach Training Programme

Duration: 9 - 12 months

Study mode: Part-time (with fast-track option)

Accreditation: Comensa & Health Coaches Association

Start Date: 24 September 2018

Course Content:

Health Transformation Coaching, Person Centred Nutrition, Winning Client Formula, Business Launch Plan, 3 Day Live Training & Done for you marketing content.



Imagine in 9 months being able to start a whole new *life* and *career*.

Helping people to transform their health, improve their lives and grow in confidence is one of the most rewarding careers you could possibly have. We have been working as Health Coaches since 2003 and we LOVE what we do. We have been training others to be Health Coaches in the UK since 2007 and this Accredited Health Coaching Course is now available in South Africa too. You can be one of the first SA trained and accredited Health coaches.

Book a FREE Health Coaching Business Strategy call with Communications Director Alison Jones and we will send you our information pack.

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